UK Hurdles Club Chelmsford Indoor Winter Clinics 2003-4

Melbourne Park Athletics Centre, Salerno Way, Melbourne, Chelmsford

Sunday 30th November 2003	**10.30 – 13.00**
Saturday 10th January 2004	**12.00 – 14.30**
Sunday 14th March 2004	**11.30 – 14.00**

Sessions Led by Lloyd Cowan

Open to u15/u17 & u20 Hurdlers of County standard and above with all coaches encouraged to attend and participate in running the squads.

Cost £13 for all three sessions or £5 for single sessions *payable to* ***UKHC***

Please return form & Remittance along with **SAE** to

TONY BENTON, 46 Waldegrave Gardens, Uppminster EssexRM14 1UX or via e-mail at tony-benton@ntlworld.com

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I am interested in applying for the UKHC Chelmsford Indoor Hurdles Squad Clinics

Name …… **Club** ……

Age Group in 2004 …….. **Age Group & best performance in 2003** ……..…

Address ……

……

Telephone …… **E-Mail** ……

I can attend on *[please tick boxes]*

November 30th 2003 ☐

January 10th 2004 ☐

March 14th 2004 ☐

I have enclosed payment for £……